

To live in college

How To Make Friends



Catalogue

- *At the beginning of the school year*
- *In your whole college life*
- *To make good friends in the variety situation*
- *Thoughts*



Preface

In the busy life of university, there are moments of joy and sorrow. Often, we need the companionship and support of friends.

How can we make good friends without causing discomfort?

And how can we communicate in a way that ensures lasting friendships? Let's explore these questions.



At the beginning of the school year

- Don't be afraid of being alone. Socialize with a relaxed attitude.*
- Participate in school/club/department activities.*
- It's not necessarily have to get to know people in your class.*
- Work in groups and collaborate with people from diverse social network.*



In your whole college life

- Don't need to please others.*
- It's not necessary to find an 'soulmate', as understanding friends are rare to find.*
- Establish your own boundaries, and assert yourself when you feel uncomfortable.*
- Take your first step to start conversations.*



TO MAKE A GOOD FRIEND IN THE VARIETY SITUATION

- *Case one :transfer student*
- *Case two :at a activity*



Case one :transfer student

"I am currently a sophomore and a transfer student; I didn't have any friends before transferring.

I'm stuck on how to get to know people in my new class. Because, being in the second half of my sophomore year, most social networks are already established.

I've considered striking up casual conversations, but I'm really unsure about the next steps..."

The solution of case one

Participate in clubs and departmental activities, be proactive in asking others if they'd like to collaborate on presentations, and increase opportunities for interaction.

However, please strike a balance, as being overly intrusive can have a counterproductive effect.

If the other person expresses rejection, please refrain from further approaching.

Voting time

***A high facial attractiveness ,but lacks
fashion sense person***

or

***A facial attractiveness may be lower,
but excellent fashion sense person***

Case two :at a activity

"Due to my appearance is not generally attractive categories, on social software , conversations often end once I send my profile picture to them.

My personality is fun and easygoing, and during gatherings, there's polite and light-hearted interaction.

However, because of my looks, people don't seem interested in getting to know me on a deeper level."

The solution of case two

If you believe that your difficulty in making friends is linked to your appearance, consider trying to dress neatly and present yourself as a tidy appearance can make people more inclined to get to know you.

However, we believe that your main issue might be a lack of confidence.

Those who genuinely want to be your friend won't be deterred by your looks.

Thoughts

- *I'm an introverted person, often encountering extroverted individuals who kindly introduce me to their friends. I believe making friends is a matter of fate; there's no need to force anything—just go with the flow.*
- *When making friends, you should never cater to others or force yourself. Otherwise, it will only increase your pressure and make yourself very tired.*

- *Making friends is often easier within a specific environment or timeframe, such as school. Through the environment, we meet people regularly, and over time, we get to understand them. Of course, if there's a friendship tool or medium, like how my friends and I bonded over food, it can quickly lead to meaningful connections. We started enjoying meals together during exam pressures, and gradually, we became good friends who share both hardships and joys.*

- *I've experienced a situation where I couldn't make friends. However, when I shifted my mindset to being confident in myself, it became easier for me to make friends now.*

Summary

When making friends, it's crucial to show your true self. Be sincere and the friendships you build will become deeper. At the same time, stay confident and believe in your own worth, which will make you more attractive in relationships. Take the initiative to communicate with others, participate in social situations, and demonstrate openness to new things. This helps expand your social circle and provides more opportunities to make new friends.

Thanks For Your Listening